



HAIR EXTENSIONS CARE GUIDE

AFTER CARE AND MAINTENANCE OF
YOUR HAIR EXTENSIONS IS EXTREMELY
IMPORTANT.

WE HAVE CREATED A USEFUL HAIR GUIDE
TO HELP YOU GET THE MOST OUT OF
YOUR NEW HAIR EXTENSIONS, SAVING
YOU TIME AND MONEY.

We provide all our clients with a high quality South East Asian hair that is remy 100% human hair.
Our hair is processed in only two ways.

- 1) TO ACHIEVE THE DESIRED COLOUR
- 2) OUR TEXTURED HAIR IS STEAM PROCESSED TO PRODUCE; CURLY, WAVY, KINKY
STRAIGHT AND YAKI HAIR

All hair extensions should be treated as if it is your own hair and by following this care guide, your
extensions will maintain their high quality and will last longer.



BRUSH, BRUSH, BRUSH!

A good brush will not only keep your extensions safe from unnecessary breakage, snagging, and prevention from catching/pulling on your natural hair. It will also ensure you can replace them less frequently, as well as helping to keep your natural hair in good condition too.

It is always better to use a large, soft-bristled brush. At House of Hair UK, we recommend all clients use specialist hair extension brushes such as a Tangle Teezer or a large paddle brush.

When brushing, begin at the ends of the hair then move up to the middle, and finally move to the root area. Always try to brush your hair root at least three times a week and always after blow drying your hair - this prevents your natural hair tangling with the extension hair.

Before sleeping, gently tie your hair back or in a loose braid/twist and for extra protection, cover with a scarf to prevent tangling, knots, and pulling on the hair as you sleep.



SHAMPOO AND CLEANSING

When washing your hair with extensions installed, first brush your hair thoroughly and soak with warm water. Do not flick your hair upside down as this causes the hair to knot, instead, wash your hair with it lying flat in its natural direction.

Next, apply House of Hair UK's sodium chloride free shampoo; making sure to account for longer and thicker hair which may require more product, gently massage through the hair from roots to ends, rub the ends of the hair together and rinse thoroughly. Repeat this step until you feel your hair is clean.

There is no requirement to scrub the mid-lengths and ends as these will be cleansed sufficiently during the rinsing process.

A sodium chloride free (salt free) shampoo is required to prevent stripping both your own hair and the extensions of its natural proteins and moisture. It is always recommended that the shampoo you use is as organic and natural as possible or even one suitable for baby's hair as highly fragranced regular shampoos are normally high in alcohol and sodium chloride, which can damage hair.

CONDITIONING

Conditioning your hair extensions is recommended every time you wash your hair. Please only apply the House of Hair UK conditioner to the middle and ends of your hair, do not apply to scalp or bonds (try to avoid the wefts or bonds as the conditioner could affect the glue by making it soft). Gently massage the conditioner into the hair, brush the conditioner through to the ends and leave for 5 – 10 minutes then rinse.

Older hair extensions and some curly hair extensions can become dryer towards the end so to increase moisture we recommend using a hair extension booting or a deep conditioning mask (apply to ends of hair only), leave on for 5 – 20 minutes and rinse off with cool water. If need be, a leave-in conditioner can be applied afterwards.



PROTEIN SPRAY & HEAT PROTECTOR

Our natural hair is covered in protein that is provided from our hair follicles, each time we use heat or products on our hair we remove this layer of protein.

But, by using a spray or serum on damp or dry hair you are providing your natural hair and extensions with a natural source that will help to strengthen your hair, make it look fuller, and shinier.



DRYING AND STYLING

After rinsing, squeeze excess water out of your hair and wrap a towel around your head, gently pat dry the hair with the towel to remove excess moisture from the hair but remember to avoid rubbing your scalp. Next, gently brush hair with a soft bristled brush, starting at the ends and working your way up.

We do not recommend that you leave your hair to air dry if your natural hair is wavy or has any texture. We strongly recommend that you always blow dry and NEVER TIE UP HAIR WHEN WET. We recommend that all single strands are blow-dried before styling and that you use a low heat and soft bristle brush to dry the hair, starting from the ends and working your way up to the roots.

If you are in a rush you can start the other way around by running the blow dryer on a cold temperature over the bonds first. Once dry, you may style using hot rollers, hot sticks, curling tongs, or hair straighteners but remember that your bonds are made out of glue so try to avoid this area with the heat.

MAINTENANCE TIMES

- LA Weave: 8-10 weeks for removals and reinstall/refit
- Quick Wefts: 4 weeks to lift and 8 weeks for removal and reinstall/refit
- Flat Weft: 4 weeks to lift and 8 weeks for removal and reinstall/refit
- Brazilian knots: 8-10 weeks on fine-medium hair, 10 weeks on strong hair removal & refit
- Micro Rings: 4-6 weeks mini lift (any strands that are very loose) or 8-10 weeks for removal and refit
- Tape-in Extensions: 6-8 weeks for removal, wash, and reinstall
- Fusion Bonds: 8-10 weeks for removal and reinstall
- Braided Weave: 8 weeks for removal, wash, and reinstall



12 HOT TIPS

1. Brush, brush, brush, and brush some more! Use a hair extensions brush or a soft bristle brush, getting right into your roots on each row of extensions and brushing from the ends of your hair, working your way up to the roots.
2. Wash only when really needed. House of Hair UK recommends 2 times per week for European hair and twice a month for afro or curly hair, using the House of Hair UK sodium-chloride free shampoo and conditioner.
3. DO NOT leave hair extensions to air dry or tie up whilst damp as this can lead to hair extensions tangling and knotting together.
4. Be generous with the House of Hair UK conditioner remembering to try and avoid the bonds, as this helps the hair to remain healthy looking. Try our protein spray too as this is helpful too.
5. Use cold heat to blow-dry the roots if you have hot fusion or tape in extensions, as this helps to preserve the strengths of the bonds.
6. Save your hair! Should you lose any hair bonds, save them for your maintenance appointment.
7. Use shower caps on non-wash days as excess washing can reduce the strength of the bonds.
8. Make sure you attend your maintenance appointment. Due times within this leaflet.
9. Braid or tie away hair when sleeping as this helps to prevent pulling and snagging on the hair extensions.
10. Stay away from alcohol and sodium-chloride based hair care products.
11. Stay away from DIY! If you wish to remove your hair extensions, book an appointment, do not remove them yourself.
12. Tilt your hair back with washing, flipping over your head can cause individual strands to tangle together.

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